

1202 E Sonterra Blvd, Suite 101
San Antonio TX 78258
(210) 490-7464 Phone
(210) 490-2506 FAX

Physician's Ambulatory Surgery Center (PASC IV)
502 Madison Oak, Suite 500 • San Antonio • Texas • 78258
(210) 499-6700 Phone

Itinerary

Pre-Operative Instructions

Day prior to Surgery

Arrive in San Antonio, we recommend you arrange flight to arrive prior to 2:00 pm CST.
Stay in local hotel close to our office, airport and Surgery Center.
Pre Op visit with Dr. Nielson scheduled in the afternoon.

Pre Op Instructions / Day of Surgery

Nothing to eat or drink from midnight night before surgery.
Arrive at surgery center at the designated time given to you.
A blood test will be drawn the morning of surgery.
Surgery is performed and you will be discharged later the same day.
Chest x-ray performed before discharge.
Pick up prescription for pain medication at local pharmacy.

Day After Surgery

Post op exam in our office with Dr. Nielson.
No deep breathing, lifting or exercising for two weeks following surgery.
You may return to work or school in 2-3 days post op.
If cleared by Dr. Nielson you may return home later this day, with flight to leave after 12 noon.

Hotel Info

If you are traveling alone, the surgery center will release you to a shuttle driver not a taxi or chauffeur service. Our staff will check on you the day of surgery at your hotel. It is important that you stay at one of the following hotels so we can serve your needs most effectively.

Hotels (Ask for Dr. Nielson rate)

Residence Inn Marriott (North / Stone Oak)

1115 N. Loop 1604 East
(210) 490-1333 or (800) 331-3131

\$89-119 per night
Free shuttle service within 5 mile radius of hotel.
Free hot breakfast, Hors' de vours
M-Th evenings. Wi Fi. Close to local restaurants.

Courtyard Marriott (Stone Oak at Legacy)

1803 East Sonterra Blvd.
(210) 545-3100

\$109 per night
Free shuttle service within 5 mile radius of hotel. Breakfast buffet available, Wi Fi and wired in rooms. Close to local restaurants.

Candlewood Suites (Stone Oak)

21103 Encino Commons Blvd
(210) 545-2477

\$71.00 per night
Free shuttle. Fully equipped kitchen,
Free washer/dryer & wired/wireless internet. Outdoor pool and spa, 24 hour fitness and business center, Pet friendly.

Quality Inn & Suites (Northwoods)

1505 Bexar Crossing
(210) 545-5400

\$65 per night
Free delux hot breakfast bar, High-speed internet access in all rooms
Free local calls, Fitness center
Pet friendly

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Hotels

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Directions to Physician's Ambulatory Surgery Center (PASC IV)



Physician's Ambulatory Surgery Center IV

(Enter at "The Atrium")

210-499-6700

502 Madison Oak, Suite 500

San Antonio TX 78258

If traveling from airport

1. Take 281 North
2. Take 1604 Anderson Loop West (left)
3. Stay on Service Road
4. Take the Stone Oak Parkway Exit
5. Turn north onto Stone Oak Parkway (right)
6. Take Madison Oak Drive (right)
7. Ambulatory Center will be on your right, at the end of the street.

If traveling from I-10 East / El Paso

1. I-10 East
2. 1604 Anderson Loop East
3. Take the Stone Oak Parkway Exit
4. Turn north on Stone Oak Parkway (left)
5. Take Madison Oak Drive (right)
6. Ambulatory Center will be on your right, at the end of the street.

If traveling from I-35 South / Dallas

1. 1604 Anderson Loop West (right)
2. Take Stone Oak Parkway Exit
3. Go north on Stone Oak Parkway (right)
4. Take Madison Oak Drive (right)
5. Ambulatory Center will be on your right, at the end of the street.

If traveling I-10 West / Houston

1. 1604 Anderson Loop North
2. Take Stone Oak Parkway Exit
3. Go north on Stone Oak Parkway (right)
4. Take Madison Oak Drive (right)
5. Ambulatory Center will be on your right, at the end of the street.

If traveling I-37 North / Corpus Christi

1. Turns into 281 North going through downtown.
2. Take 1604 Anderson Loop West (left)
3. Take Stone Oak Parkway Exit
4. Go north on Stone Oak Parkway (right)
5. Take Madison Oak Drive (right)
6. Ambulatory Center will be on your right, at the end of the street.

If traveling I-35 North / Laredo

1. Take 281 North Exit
2. Take 1604 Anderson Loop West (left)
3. Take Stone Oak Parkway Exit
4. Turn north onto Stone Oak Parkway (right)
5. Take Madison Oak Drive (right)
6. Ambulatory Center will be on your right, at the end of the street.

Directions to Physician's Ambulatory Surgery Center IV
Most Advanced • Micro ETS™ • Least Invasive



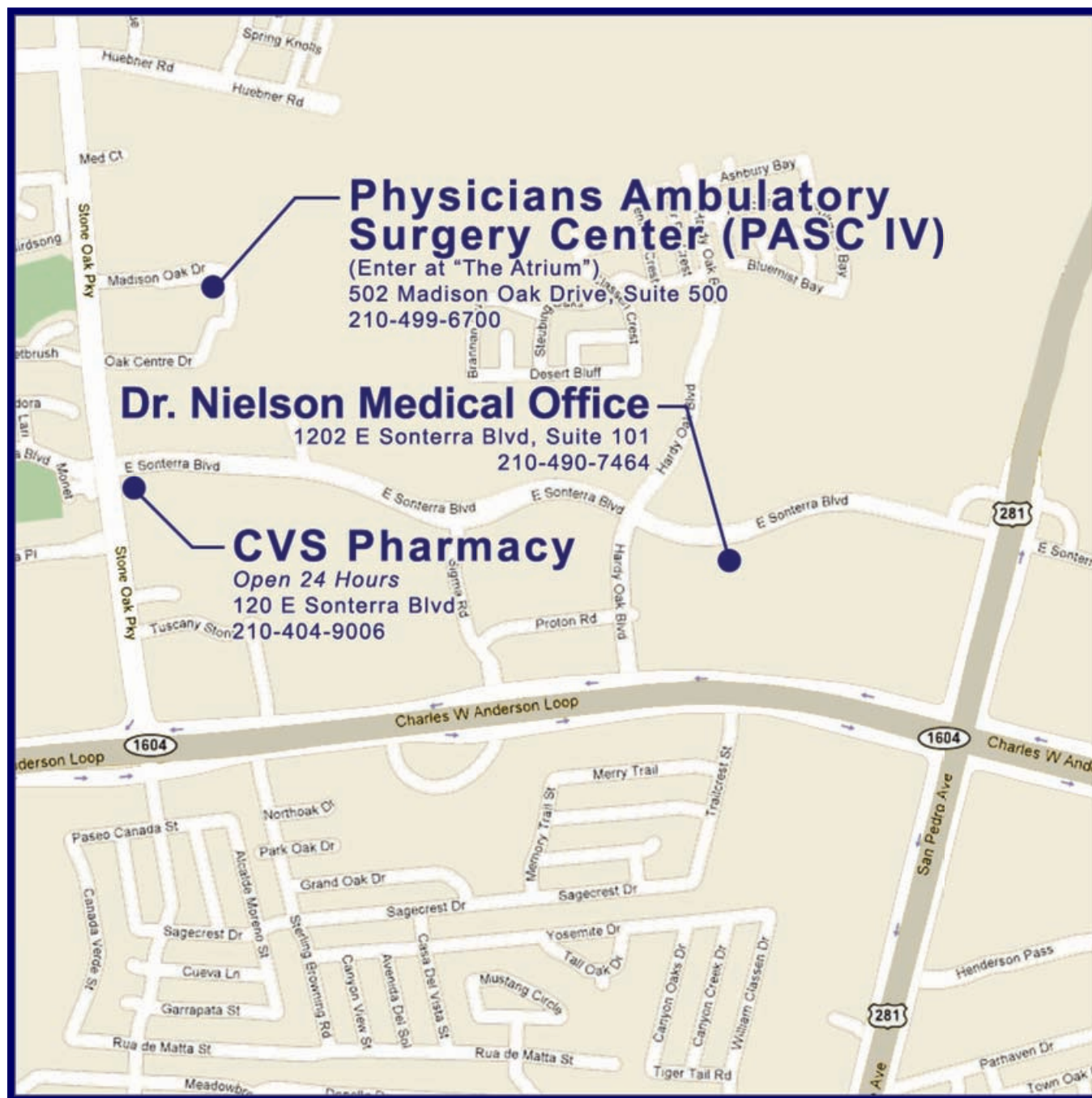
The Offices of David H. Nielson, MD
Hyperhidrosis USA Micro ETS

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Map to Physician's Ambulatory Surgery Center (PASC IV)



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